



**COMPLETE
EYE CARE**

COMPLETE EYE CARE, P.C.

JOHN A. WATERS, M.D.

LASIK video instructions: www.completeeyecare.com/instructions

Patient Name: _____ Procedure Date: _____

Arrival Time: _____ Procedure Time: _____

BEFORE SURGERY INSTRUCTIONS:

Start all 3 of these 4-5 days before surgery and do not stop using them until Dr. Waters tells you to stop.

1. Use 1 drop of *Thera Tears* preservative free drops 4 times a day in both eyes.
2. Use *Thera Tears Gel* drops at bedtime in both eyes.
3. Take 3 *Thera Tears Nutrition* gel tablets every day with food.

THE DAY OF SURGERY

- ✓ Remove **ALL** eye make-up the night before surgery. Repeat make-up removal the morning of the procedure.
- ✓ Do not use colognes, perfumes, hairsprays or gels (deodorant is ok).
- ✓ Please bring your packet of information with you to your surgery.
- ✓ Bring your unopened antibiotic drop to use after surgery.
- ✓ Bring a pair of sunglasses.
- ✓ You **MUST** have someone drive you to and from your surgery
- ✓ Wear comfortable and warm clothing, as the surgery room is cold (approximately 64-68 degrees).

AFTER SURGERY APPOINTMENT

You will stay at Castleman Eye Center after your surgery for your first post operative appointment. You will be at the facility approximately 1 ½ hours total the day of surgery.

I will call you the Monday following your surgery to schedule your 1 week post operative appointment at the office. If you have any questions, please call our office at 810-732-2272.